### REPUBLIC OF THE PHILIPPINES BATANGAS CITY

# OFFICE OF THE SANGGUNIANG PANLUNGSOD

# EXCERPT FROM THE MINUTES OF THE REGULAR SESSION HELD BY THE MEMBERS OF THE SANGGUNIANG PANLUNGSOD OF BATANGAS CITY ON MARCH 18, 2019 AT THE SANGGUNIAN SESSION HALL

#### PRESENT:

Hon. Emilio Francisco A. Berberabe Jr.,	Presiding Officer
Hon. Aileen Grace A. Montalbo,	Councilor
Hon. Sergie Rex M. Atienza,	cc
Hon. Hamilton G. Blanco,	66
Hon. Alyssa Renee A. Cruz,	56
Hon. Oliver Z. Macatangay,	46
Hon. Armando C. Lazarte,	44
Hon. Karlos Emmanjuel A. Buted,	cc
Hon. Julian B. Villena,	66
Hon. Gerardo A. Dela Roca,	66
Hon. Nestor E. Dimacuha,	66
Hon. Nelson J. Chavez,	44
Hon. Julian Pedro M. Pastor,	66
Hon. Angelito "Dondon" A. Dimacuha,	ABC-Rep.
Hon. Marjorie A. Manalo,	SK-Fed. Pres.

"On motion of Councilor Lazarte seconded by Councilor Villena, the following Resolution was Adopted:

#### RESOLUTION NO. 83 S. 2019

# RESOLUTION STRONGLY ENCOURAGING THE ESTABLISHMENT OF A MENTAL HEALTH POLICY IN THE CITY OF BATANGAS, ESPECIALLY IN ALL ACADEMIC INSTITUTIONS, FOR THE PURPOSE OF ENHANCING THE DELIVERY OF INTEGRATED MENTAL HEALTH SERVICES

**WHEREAS**, the City Government of Batangas commits itself to promote the well-being of its people, especially the youth, by

ensuring that mental health is valued and protected, and mental health conditions are treated and prevented through timely accessible, and high-quality mental health care;

WHEREAS, the City of Batangas is saddened and alarmed by cases of mental anxiety and depression among its youth caused by several factors, including bullying and substance abuse, that further result to death;

**WHEREAS**, responsive primary mental health services is required to be developed and integrated as part of the basic health services at the appropriate level of care, particularly at the city, municipal, and barangay level in accordance with Section 15 of Republic Act No. 11036 known as the "Mental Health Act";

WHEREAS, every local government unit and academic institution is mandated under Section 15 of the Mental Health Act to create their own program in accordance with the general guidelines set by the Philippine Council for Mental Health, created under the Act, in coordination with other stakeholders;

### Continuation of Resolution No. 83 S. 2019

# RESOLUTION STRONGLY ENCOURAGING THE ESTABLISHMENT OF A MENTAL HEALTH POLICY IN THE CITY OF BATANGAS, ESPECIALLY IN ALL ACADEMIC INSTITUTIONS, FOR THE PURPOSE OF ENHANCING THE DELIVERY OF INTEGRATED MENTAL HEALTH SERVICES

WHEREAS, educational institutions, such as schools, colleges, universities and technical schools, are held responsible by Section 24 of R.A. No. 11036 to develop policies and programs for students, educators, and other employees designed to raise awareness on mental health issues, identify and provide support and services for individuals at risk, and facilitate access, including referral mechanisms of individuals with mental health conditions to treatment and psychosocial support;

WHEREAS, the national government through the DOH shall fund the establishment and assist in the operation of community-based mental health care facilities in the provinces, cities and cluster of municipalities in the entire country based on the needs of the population, to provide appropriate mental health care services, and enhance the rights-based approach to mental health care, in accordance with Section 16 of R.A. No. 11036;

WHEREAS, mental health services to be provided pursuant to R.A. No. 11036 shall also include mechanisms for suicide intervention, prevention, and response strategies, with particular attention to the concerns of the youth;

WHEREAS, a twenty-four seven (24/7) Hotline providing assistance to individuals with mental health conditions, especially individuals at risk of committing suicide is further required by R.A. No. 11036;

WHEREAS, a heightened nationwide multimedia campaign to raise the level of the public awareness and the protection and promotion of mental health and rights including, but not limited to, mental health and nutrition, stress handling, guidance and counseling, and other elements of mental health shall be initiated and sustained by the DOH and the LGUs, according to the Mental Health Act;

WHEREAS, in view of the foregoing mandates, it is deemed timely and essential that a Mental Health Policy embodying the following programs be established for the purpose of enhancing the delivery of integrated mental health services in the City of Batangas:

- 1. Responsive primary mental health services, including a 24/7 Hotline and a public awareness campaign, to be provided by the City Government of Batangas.
- 2. Programs and interventions addressing and resolving mental health issues among students to be provided by academic institutions.
- 3. Institution and celebration of a Mental Health Awareness Day to be led by the City Government of Batangas, in coordination with the barangays, academic institutions, and non-government organizations.

**NOW THEREFORE, BE IT RESOLVED**, as it is hereby resolved, to strongly encourage the establishment of a Mental Health Policy in the City of Batangas, especially in all academic institutions, for the purposed of enhancing the delivery of integrated mental health services.

## Continuation of Resolution No. 83 S. 2019

RESOLUTION STRONGLY ENCOURAGING THE ESTABLISHMENT OF A MENTAL HEALTH POLICY IN THE CITY OF BATANGAS, ESPECIALLY IN ALL ACADEMIC INSTITUTIONS, FOR THE PURPOSE OF ENHANCING THE DELIVERY OF INTEGRATED MENTAL HEALTH SERVICES

**RESOLVED FURTHER**, that copy of this resolution be furnished to the Office of the Honorable City Mayor Beverley Rose A. Dimacuha and the academic institutions in the City of Batangas.

### UNANIMOUSLY APPROVED."

SPONSOR : COUN. ARMANDO C. LAZARTE

CO-SPONSORS : COUN. AILEEN GRACE A. MONTALBO

COUN. SERGIE REX M. ATIENZA COUN. HAMILTON G. BLANCO COUN. ALYSSA RENEE A. CRUZ COUN. OLIVER Z. MACATANGAY

COUN. KARLOS EMMANJUEL A. BUTED

COUN. JULIAN B. VILLENA

COUN. GERARDO A. DELA ROCA COUN. NESTOR "BOY" E. DIMACUHA

COUN. NELSON J. CHAVEZ

COUN. JULIAN PEDRO M. PASTOR

COUN. ANGELITO "DONDON" A. DIMACUHA

COUN. MARJORIE A. MANALO

I hereby certify that the foregoing Resolution No. 83 S. 2019 was approved by the Sangguniang Panlungsod of Batangas City during its Regular Session held on March 18, 2019.

LUNINGNING A. AQUINO Board Secretary III

Sangguniang Panlungsod

NOTED:

ATTY. OLIVA D. TELEGATOS

Secretary

Sangguniang Panlungsod

ATTESTED:

EMILIO FRANCISCO A. BERBERABE JR.

Presiding Officer

ODT/LAA/ystingchuy...